Meningococcal disease is one of the most common types of bacterial meningitis. It is a life-threatening bacterial infection that can affect the lining of the brain and spinal cord, or it can cause an infection in the bloodstream – or both.

**EARLY SYMPTOMS**

It can attack without warning and can often be mistaken for the flu. They include:

- **HIGH FEVER**
- **STIFF NECK**
- **VOMITING**
- **HEADACHE**
- **EXHAUSTION**
- **PURPLISH RASH**

**IT IS CAUSED BY 5 types of meningococcal bacteria.** ABCWY

**IT IS EASY TO SPREAD from person to person.**

- sharing anything that comes in contact with SALIVA
- being in CLOSE quarters
- being SNEEZED or coughed upon

And the really scary part... it can kill in a matter of hours. Or cause permanent complications: brain damage, hearing loss, learning disabilities or limb amputations.

**WHY DOES THIS MATTER TO YOU?**

It takes two types of meningitis vaccines - MenACWY and MenB - to be fully immunized against meningococcal disease, but few people have received both vaccines.

**Ask your doctor today about the Meningitis B vaccine.**

Get involved.
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